## 2023 March



## Middle School Breakfast

ISD (279

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Dutch Waffle	Breakfast Pizza (Turkey sausage and cheese)
				Yogurt
		Fruit	Fruit	Fruit
		100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
		Milk	Milk	Milk
6	7	8	9	10
10000 1 de 10000	NATIONAL SCHOOL	BREAKFAST WEEK - "Dig Into		20000
Powered Up Pancake Turkey Sausage Breakfast Bites Hashbrown Pattv	Hard Hat Whole Grain Cinnamon Roll	Steel Girder Building Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Jack Hammer Breakfast Burrito (Chicken Sausage, Egg and Cheese on a Tortilla)	No School
Fruit	Fruit	Fruit	Applesauce Cup	
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	
Milk	Milk	Milk	Milk	
13	14	15	16	17
Pancake Turkey Sausage Breakfast Bites	French Toast	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Dutch Waffle	Whole Grain Glazed Long John
Hashbrown Patty	Chicken Sausage Patty			
Fruit	Applesauce Cup	Fruit 100% Fruit Juice	Fruit	Fruit
100% Fruit Juice Milk	100% Fruit Juice Milk	Milk	100% Fruit Juice Milk	100% Fruit Juice Milk
20	21	22	23	24
Pancake Turkey Sausage Breakfast Bites	Whole Grain Cinnamon Roll	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Breakfast Burrito (Chicken Sausage, Egg and Cheese on a Tortilla)	Pancakes
Hashbrown Patty Fruit 100% Fruit Juice Milk	Fruit 100% Fruit Juice Milk	Fruit 100% Fruit Juice Milk	Applesauce Cup 100% Fruit Juice Milk	Hashbrown Patty Fruit 100% Fruit Juice Milk
27	28	28	30	31
No School	No School	No School	No School	No School

## Additional Cold Option may include:

Hardboiled Egg with Graham Cracker Assorted Cereal with Yogurt or Cheese Stick Breakfast Bar and Yogurt or Cheese Stick Giant Goldfish Cracker and Yogurt or Cheese Stick Breakfast Bread and Yogurt or Cheese Stick

Breakfast Muffin and Yogurt or Cheese Stick
\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.