		2023 March	Ôs	SSEO ÁREA SCHOOLS	
High School Lunch Menu				ISD () 279	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	2	3	
		Brunch For Lunch	Mozzarella Cheese Sticks with Marinara	Poppin' Flavored Popcorn Chicken Day	
			Sauce		
		French Toast Flavored Muffin	Garlic Toast	(Southern OR Nashville Hot ) BBQ Baked Beans	
		Chicken Sausage Patties		Fritos	
		Hashbrown Patties			
		International Cuisine	International Cuisine	International Cuisine	
		Italian Dunker with Marinara Sauce Caesar Salad	General Tso Chicken Lo mein Noodle	Penne Grilled Chicken Alfredo Breadstick	
		Caesal Salau	Ginger Stir-Fry Vegetable	Dieaustick	
		Honey Roasted Carrots		Garlic California Vegetables	
		Fresh Fruit	Fresh Fruit	Fresh Fruit	
		Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
6	7	8 Buffalo Mac and Cheese with Nashville Hot	9	10	
Mini Chicken Corndogs	Breaded Chicken Drumstick	Chicken	Chicken Wing Day	No School	
Chips	Mashed Potato and Chicken Gravy	Garlic Toast	Salted Pretzel with Cheese Sauce		
	Dinner Roll				
International Cuisine	International Cuisine	International Cuisine	International Cuisine	_	
Rotini Beef Meat Sauce	Baja Beef Burrito Bowl with Flour Tortilla	Pizza	Sweet and Sour Chicken with Fried Rice	e	
Garlic Toast	Cilantro Lime Rice	(Turkey Pepperoni or Cheese)	Chicken Potstickers		
	Southwest Beans	Caesar Salad			
Savory Green Beans and Onions	Buttered Corn	Parmesan Spinach Alfredo w/ Tortilla Chips	Buffalo Cauliflower		
Fresh Fruit					
Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables		
13	14	15	16	17	
Beef Taco in a Bag	Breaded Chicken Sandwich	Brunch for Lunch	Build your own Beef Nachos	Poppin' Flavored Popcorn Chicken Day	
White Rice	(Regular or Spicy)	French Toast	(Beef Taco Meat/Cheese Sauce)	(Southern and Nashville Hot)	
	Chips	Flavored Muffin	Corn Tortilla Chips	BBQ Baked Beans	
		Chicken Sausage Patties Hashbrown Patties		Fritos	
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine	
Thai Sweet Chili Chicken with White Rice	Hearty Beef Lasagna	Italian Dunker with Marinara Sauce	Teriyaki Chicken	Penne Grilled Chicken Alfredo	
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Chicken Potsticker	Garlic Toast Caesar Salad	Caesar Salad	Lo Mein Noodles	Garlic Breadstick	
Honey Roasted Carrots	Roasted Broccoli	Cauliflower with Soy Sauce	Ginger Stir-fry Vegetable	Oven Roasted Brussel Sprouts	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
				Vanilla Cupcake Frozen Yogurt	
20 Chicken Wing Day	21 Mini Chiokon Corndogo	22 Chicken Tenders	23 KC Mesquite BBQ Chicken Drumstick	24 Chicken Pites	
Salted Pretzel with Cheese Sauce	Mini Chicken Corndogs Curly Fries	Chicken Lenders (Regular and Spicy)	KC Mesquite BBQ Chicken Drumstick Cornbread	Chicken Bites Mashed Potatoes and Chicken Gravy	
		Caesar Salad	Fritos Corn Chips	Dinner Roll	
		Breadstick	BBQ Baked Beans		
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine	
Rotini and Beef Meatball Marinara	Shredded Chicken Burrito Bowl with Flour	Pizza	Cheesy Beef Totchos	Spicy Szechuan Chicken	
Breadstick	Tortilla Cilantro Lime Rice		White Rice	Fried Rice	
Dreauslick	Southwest Beans	(Buffalo Chicken or Cheese) Caesar Salad	Fritos Corn Chips	Chicken Potstickers	
Over Departed Surget Detates	Steamed Seasoned Broccoli				
Oven Roasted Sweet Potatoes		Parmesan Spinach Alfredo w/ Tortilla Chips		Buttered Corn	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Assorted Fresh Vegetables 27	Assorted Fresh Vegetables 28	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
No School	No School	No School	No School	No School	
		Offered Daily			
irab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Offered Daily Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad ar Sandwich	d Grab and Go: Managers Choice Salad an Sandwich	

 Grill Line:
 Burgers and Hotdogs
 Grill Line:
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 Burgers and Hotdogs

 IN SCHOOL OFFERED DAILY:
 Manager Choice of:
 Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.
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